



Let's Get Started

Answering the following questions will give us a good place to start our complimentary coaching session. Print and fill in as completely as possible and mail to the address below or fax to the fax number below. I will respond to set up our call within 48 hours.

- 1) How would you rate your life in the following area on a scale of 1 to 10, 10 being the best it could possibly be?
_____ Health & Peace _____ Money _____ Career
_____ Special Relationship _____ Family & Friends _____ Spirituality
- 2) Looking at the scores from above, which 3 areas are you willing to improve over the next 3-6 months to make the biggest difference in your life?
_____ Health & Peace _____ Money _____ Career
_____ Special Relationship _____ Family & Friends _____ Spirituality
- 3) What three things are you tolerating or putting up with in your life?
- 4) What three things are you most loving in you life?
- 5) If you could have ONE thing in your life right now, what would it be?
- 6) If you could eliminate ONE thing from your life right now, what would it be?

Name _____

Address _____

Email _____

Daytime phone _____

Preferred time for me to call. _____ am pm